

SHAC

Board Meeting Minutes: February 19, 2009

4:00 P.M. at SISD Board Room

Present: Janece Driggers, Becky Erickson, Roxie Gurley, Monica Gutierrez, Stacy Holcomb, Susan Jenkins, Marisela Kelley, Kim Koenig, Randy Lynch, Rebecca Mathis, Nicki Solis, Michelle Turbett, Becky Wojcik, Tommy Zajicek, Jim Haley, Brian Brooks, Ellen Theis, Kathleen Mcbee, Michael Saul

Absent: Maudry Chowdhury, Jennifer Groves, Cynthia Kasper, Joanne Skinner, Chandra Syriac, Randy Miksch, Michael Heinroth, Raymond Washington

Next Meeting: May 14, 2009 @ 4:00 P.M.

Introduction: Jim Haley discussed:

- Education Excellence: 5 tenets
 - S – Security/Safety
 - E – Exceed Educational Standards
 - R – Rules/Regulations
 - V – Involve the Right People
 - E – Environment of Teamwork
- Reviewed SISD policies regarding SHAC
 - SHAC is a requirement mandated by the state
- Discussed School Health Survey

Overview: Becky Wojcik

- SHAC involves
 - a core group of parents
 - educators
 - youth
 - community members
- Issues to talk about
 - Tobacco use
 - Poor eating habits
 - Drug/Alcohol abuse
 - Physical inactivity
 - STD's
 - Dating Violence
- Reasons for addressing health issues
 - Education and Health are linked
 - Prevention Programs work
 - We need to address physical, mental, social and emotional health
- Outcome of SHAC improvement efforts
 - Improve attendance
 - Decrease smoking, drugs, alcohol, teen pregnancies, discipline problems
 - Increase participation in physical activities

- Increase interest in healthy diets
- Benefits of SHAC
 - Gives advice and support to the school
 - Helps promote healthy behaviors and a healthy environment
 - Increases parent and community involvement
 - Links school with community health resources
 - Provides a means for improving school health policies and procedures
 - Educates community about school health issues

Immunizations

- State has proposed to add and change vaccinations (expected to become effective March 5, 2009)
 - Meningococcal: will be required for 7th grade
 - Varicella: two doses will be required for kindergarten thru 7th grade
 - TDAP: will replace TD and will be required for 7th grade
 - Hepatitis A: will be required for kindergarten

Meningococcal Vaccine

- Estimated 1400-1800 cases of meningitis in US yearly
- Transmission from person to person through direct contact
- The Meningococcal Vaccine is can prevent bacterial meningitis

Mass Screenings for ANTES, Hearing, Vision and Scoliosis are done annually at the Elementary, Junior High and High School. This year the dates for screenings were:

Elementary: November 5th and 12th

Jr. High: December 10th

High School: February 9th

Parenting and Paternity Awareness Program (PAPA): Randy Lynch

- 2 week program
- Completed during Health class
- Discussed Pre test
- Curriculum involves legality of having children, child support...
- Students responded well
- Involved 9th -12th graders (14-19 years old)

Aim for Success: Ellen Theis

- This program has been in place the last 3 years
- Involves Junior High and High School
- Reviewed Survey and Results
- Parent meeting the night before presentation

Texas School Survey of Drug and Alcohol Abuse

- Cost \$1100.00 - \$1200.00 (5th – 11th grade)
- Will establish this year and get on a 2 year rotation
- Helpful with Title IV Safe and Drug Free Schools

Texas Tobacco Free Kids Day - March 25, 2009

Dating Violence Seminar – May 19, 2009

Question: Janece Driggers How is bullying addressed?

- Counselors give the student tools to use when they aren't around
- 4 – 5 week program for chronic bullies
- CIS addresses bully issues also

Why Try: Nichole Jowers

- High School Students
- Uses visual techniques, listening and reading
- Works on team building
- Teaches accountability
- Teaches students how to be mentors to elementary students

CIS at each campus

- After school programs at Elementary and Junior High which include tutoring and enrichment activities

Fitness Gram: Tommy Zajicek

- Senate Bill 530
- Grades 3rd – 12th
- Assess Physical fitness and promotes a healthy lifestyle
- Started last year
- Test is broken down by sex and age, not grade
- Test aerobic capacity, muscle strength, endurance, flexibility and body composition
- Will test this spring
- You can access your child's report on the website
- There are waivers for disabilities

Child Nutrition: Nicki Solis

- Cafeteria follows a food pattern approved and mandated by the state
- Obtain information on TEA website or squaremeals.com
- Offer free and reduced lunch meals

Attendance and Truancy: Kathleen McBee

- Days missed related to Hurricane Ike were waived
- Following Policy regarding enforcing documentation and monitoring absentees closely
- Trying to keep students in school and get them to come to school
- Board approved STOP grant to help deal with truancy

Topics for Next Meeting:

Notion to Adjourn: Brian Brooks

Meeting adjourned at 5:30 P.M.